How it works

Contact your nutritionist or healthcare specialist to order the NutriGen™ test.



questionnaire provided by GX Sciences.

Follow your

diet and supplementation plan as recommended. Your DNA sample is collected with a gentle cheek swab. This process only takes about a minute.

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After 5-7 business days of receipt of a valid sample and forms: contact your provider and get to know your results.

Example 1 Image: Second state state

LEGAL DISCLAIMERS: This product is not evaluated by the Food and Drug Administration and is not intended to diagnose, treat, cure, or prevent disease. Report contents and report recommendations are generated by the Medical Director of GX Sciences LLC and are intended to be informational only. Only an appropriately licensed health care professional, as a learned intermediary, can determine if a treatment protocol is appropriate for a specific patient. Our tests do not replace a medical consultation, nor do they make up a diagnostic or treatment, nor should they be interpreted this way. Only healthcare professionals can interpret the results of said tests, based on their knowledge of the clinical records of the patients and other relevant factors and, under their responsibility, give a diagnostic or prescribe treatment to the patient. We decline all responsibility derived from the use and interpretation of the results of our tests by the solicitant healthcare professional. GX Sciences LLC expressly reserves any legal actions in case of an inappropriate, negligent or incorrect use or interpretation of the results of our tests. It is the responsibility of the healthcare professional to provide the appropriate medical guidance and advice.

NutriGen™

Personalizing diet, wellness, and weight loss planning



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What is NutriGen[™]?

NutriGen[™] is an innovative and comprehensive genetic test for personalizing diet, wellness, and weight loss planning, analyzing both genetic factors and other relevant patient characteristics.



NutriGen[™] is indicated to be used by everyone who:

- Wants to understand how their genetics affect their body weight.
- Would like to have the optimal diet plan according to their body characteristics.
- Have tried different diet plans with little to no success.

Body weight

The regulation of body weight is complex and dependent on several factors. Overweight and obesity may increase the risk of many health problems, including diabetes, heart disease, and certain cancers.

Factors that promote weight gain:

Genetics

- Hormones Medicines
- Energy intake
- Physical activity
- Type of diet
- Stress
- Others

Personalizing nutrition

Nutrigenomics studies common genetic variations (SNPs) related to unique body responses to nutrition. Everyone is genetically unique when analyzing markers such as these.

Personalizing nutrition means dietary and supplement recommendations tailored to our unique health status. lifestyle, and genetics, using the information obtained from nutrigenomic testing and questionnaires.



Benefits of taking the NutriGen[™] Test

Personalized diet plan

You will receive a diet plan taking account of more than 850 foods exclusively designed to help you reach your goals.

Genetic factors explanation

By analyzing 363 genetic variations, you will receive a complete report that will help you understand your body better and how to provide it with the right nutrients.

Specialist support

Your nutritionist or healthcare provider will now have a deeper understanding of your genetic characteristics and how they relate to your body weight and diet.

Once in a lifetime test

Your genetic results will not change during your life.

What is analyzed?

NutriGen[™] analyzes your genetic predispositions to:



1. Goordazi MO. Lancet Diabetes Endocrinol. 2018;6(3):223-236. 2. Ordovas JM, et al. BMJ, 2018;13:361;bmi,k2173.

when the dietary advice provided is personalized,

based on our genetic

profile. ^{1,2}