

TERMS OF ACCEPTANCE

When a patient seeks Chiropractic health care and the chiropractor accepts the patient for such care, it is
essential for both to be working toward the same objective. <u>Chiropractic has only one goal</u>: To find and
correct VERTEBRAL SUBLUXATIONS, therefore allowing the body the potential to heal itself more
efficiently. It is important that every patient understand both the objective and the method used to attain
that goal. This will prevent any confusion or misunderstandings.

<u>VERTEBRAL SUBLUXATIONS</u>: A misalignment or loss of motion of one or more of the 24 vertebrae in the spinal column, which alters the normal nerve system function and interferes with the transmission of mental impulses. This interference results in decreased communication between the brain and the body. This lack of normal communication interferes with the body's innate ability to express its optimum health potential and heal properly

<u>ADJUSTMENT:</u> An adjustment is the specific application of force to facilitate the body's correction of vertebral subluxations. Our chiropractic method of correction is by specific adjustments of the spine.

HEALTH: A state of optimal physical, mental and social wellbeing; not merely the absence of symptoms, sickness or disease.

• We do not offer to diagnose or treat any disease or condition other than vertebral subluxations. However, if during the course of your chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will notify you. If you would like advice, diagnosis or treatment for those findings, we will refer you to a healthcare provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it. In addition, we do not offer advice regarding the treatment prescribed by others. Our only practice objective is to eliminate a major interference to the expression of the body's innate wisdom. Our only method used is the specific adjustment, to correct vertebral subluxations.

Informed Consent for Chiropractic Care

- Chiropractic Care, like all forms of health care, while offering considerable benefit may also provide some
 level of risk. This level of risk is most often minimal, yet in rare cases injury has been associated with
 chiropractic care. The types of complications that have been reported secondary to chiropractic care
 include sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One of the rarest
 complications associated with chiropractic care, occurring at a rate between one instance per one million to
 one per two million cervical spine (neck) adjustments may be a vertebral artery injury that could lead to
 stroke
- Prior to receiving chiropractic care in this Chiropractic office, a health history and physical examination
 will be completed. These procedures are performed to assess your specific condition, your overall health,
 and in particular your spine health. These procedures will assist us in determining if chiropractic care is
 needed or if any further examinations or studies are needed. In addition, they will help us determine if
 there is any reason to modify your care or provide you with a referral to another health care provider. All
 relevant findings will be reported to you along with a care plan prior to beginning care.
- Any and all questions regarding doctor's objectives pertaining to my care in this office have been answered
 to my complete satisfaction. I understand and accept that there are risks associated with chiropractic care
 and give my consent to the examinations that the doctor deems necessary, and to the chiropractic care
 including spinal adjustments, as reported following my assessments I, therefore, accept chiropractic care on
 this basis.



OFFICE POLICIES & CONTACT PERMISSION

Please PRINT and COMPLETE ALL SECTIONS Below

Dear Practice Member:

OFFICE POLICIES:

- 1. Your compliance to the doctor's recommended care plan is a key determining factor to the success of your case. Without your complete commitment success is not possible. We are committed to a successful process and outcome for you, therefore we will diligently support the maintenance of your adjustment schedule and outlined care. We understand things come up so we ask that you give at least 24- hour notice of appointment cancellation and we ask that you reschedule that appointment with in a week to insure we keep the rhythm of the adjustments. Too often, appointments are missed but not cancelled, causing valuable appointment space to be lost. To minimize this problem, we are instituting a \$25.00 "No Show Fee" which you will be billed for, should you fail to cancel your appointment within 24 hours. You may cancel by phone message, text or e-mail. If you have more than 3 missed/cancelled appointments without rescheduling them we can only interpret this to mean that your commitment to your care has changed, and your care will be suspended.
- 2. We file Insurance as a courtesy. We are not contracted by any providers therefore we are billing out of network and are subjected to deductibles and co-pays. However, if we do not receive payment from the insurance company within 90 days, it then becomes the patient's responsibility, and the patient will be billed. If you happen to receive a check in your name for services we rendered you will need to reimburse the office within 7 days of receiving that check and provide Austin Wellness Chiropractic Center with the Explanation of Benefits (EOB) for that date of service.
- 3. What to expect on your first visit: You will have a complete chiropractic consultation and examination. The doctor will review their findings and may choose to administer an adjustment on the same day if warranted. After your first visit you will be scheduled for a second follow up visit to go over your results and you will be given your Doctor's recommended care plan. Should you choose to start care at the second visit your visits will begin and your financial plan will be discussed and first payment will be made.

If you are married, it is the doctor's strongest recommendation that your spouse attend the second report of findings report so that they have the best opportunity to fully understand the doctor's findings and recommendations and have any of their questions answered

- 4. Email/text: In order to provide future appointment confirmations, office appointments, newsletters, educational articles, and/or other information from Austin Wellness Chiropractic Center, we would like permission to use your email and/or your cellular telephone number. I understand that the above information will be kept private and confidential, and I give permission for Austin Wellness Chiropractic Center to email and/or text me as needed.
- Should the opportunity come up to have my child or myself photographed, placed on video, or use of the written word of my success story to be documented through research or social media I do so with the understanding that I will be notified first and will sign a waiver to that extent.