



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 40, 120

1 capsule contains	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid USP)	150 mg	250%
Quercetin	200 mg	*
Stinging Nettles Leaf	200 mg	*
Bromelain (2,400 GDU/g) (from Pineapple)	50 mg	*
N-Acetyl Cysteine USP	25 mg	*

* % Daily Value not established

Natural D-Hist

ID #524040 40 Capsules

ID #524120 120 Capsules

SUGGESTED USE: **Loading Dose:** 2 capsules three times per day for 7-10 days. **Acute:** 2-3 capsules as needed. **Maintenance:** 1 or more capsules per day or as recommended by your health care professional.

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 60

1 tablet contains	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid USP)	75 mg	125%
Quercetin	100 mg	*
Stinging Nettles Leaf	100 mg	*
Bromelain (2,400 GDU/g) (from Pineapple)	25 mg	*
N-Acetyl-L-Cysteine USP	12 mg	*
Stevia Leaf Extract	3 mg	*

* % Daily Value not established

D-Hist Jr.

ID #855060 60 Capsules

SUGGESTED USE: 1-2 tablets two times per day or as recommended by your health care professional.

Part of
Springboard
supplements  for growing bodies

Support for:

- Seasonal Changes
- Nasal Health
- Bronchial Function

The Ortho Molecular Difference:

- Won't Cause Drowsiness
- Fast Acting Natural Formula

Contraindications, Adverse or Other Reactions:

Herbal products may cause mild stomach upset or an allergic reaction. Move dose closer to meals or cease product if symptoms persist. If you are pregnant or nursing, ask your health care provider before taking this product.